

SHOW REPORT FOR EAST COAST SHOW

A big congratulations to Mathew Matenga for putting on a great Show. Generally people do not appreciate the amount of work there is in putting a show together. So well done Mathew. The Team of Volunteers on the day did a great job and everything ran smoothly.

The new venue at Ilminster Intermediate, gave a few challenges, as new venues do, but at the end of the day it all presented very well.

Overall Ms Physique & Ms East Coast	Sarah Su
Overall Mr Athletic & Mr East Coast	Andrew Murray
Overall Ms Figure & Ms East Coast	Pichuda Copeland
Overall Mr Physique & Mr East Coast	Nola Efaraimo
Ms East Coast Fitness-Model	Janelle Burnside
Ms East Coast Shape	Teresa Edwards

39 athletes competed. Next year will see the first East Coast Top Gym award be put up for grabs... There were close competitions in all the Overalls.

In Physique, there was the ripped Nola Efaraimo, the balanced Greg Mawson and the well muscled Hone Kaa, who had flown in from Australia. Well done to Nola, taking out another Overall Title.

In Figure, there was a great battle between Lynette Burgess, Maureen Thomas and Pichuda Copeland, with Pichuda taking out her first Overall Title.

In Athletic we had a great battle between the seasoned Andrew Murray, the up and coming Mike Smith and youngster Bjorn Constable. Congratulations to Andrew this time.

A good battle between the Physique woman of Sarah Su, just moved back to Gisborne, local Trudz Houkamau, who is putting on a bit of size and Tracey Buddle, from the Manawatu. Well done to Sarah Su, for a very impressive package.

4 Fitness-Models were great to see. High energy athletes, who had the home crowd supporters going crazy.

Well done to all athletes who competed and we look forward to seeing you again in 2014.

Great to see Teresa Edwards back on stage and being challenged by 2 other Shape contestants

Many thanks to the 2013 Sponsors. A few changes from last year, and I am sure with the success of this Show, more local businesses will be involved next year.

Thank you for the hospitality we all enjoyed at Breakers Cafe after the show and for breakfast on Sunday morning.

Yours in Sport
Marianne Poole