

Hi Marianne and Jim,

We are back, jetlagged and all. What a great experience, it's always interesting to see how things are done at International shows.

Janine and I got on like a house on fire, I actually lost my voice after the 1st two days in Germany lol.

We talked about our goals and future plans for bodybuilding, we have similar views on the sport and we both have a very strong loyalty for NABBA.

I've attached a team photo Jim liked. And a picture of me in Zurich - the 1st time I've seen it snow.

Thanks again for such a memorable trip I can add to all the others

Teresa 😊

