

## Waikato Show Report 2011

Saturday 9<sup>th</sup> of July was an exciting day for the 56 athletes that competed at the Waikato show. Many were 1<sup>st</sup> time competing and some traveled from as far as Australia to try their talent up against our kiwi physiques. Backstage was a social get together, enjoyed by all, with an abundance of grapes, cheese, and fine Donavan chocolates to satisfy any bodybuilders palate. It was great to see all athletes presenting themselves in good condition on stage. All classes were competitive, particularly the novice sections. Good sportsmanship was displayed on and off stage, and new friends were made. Congratulations to all the athletes who placed in their classes. Congratulations to all athletes who did not place in the top 3, personal excellence is believing in your capabilities and fully committing yourself to your development.

Congratulations to the overall winners.

Overall Figure and Ms Waikato; Janine Hayward  
Overall Athletic and Mr. Waikato; Sam Monrad  
Overall Physique and Ms Waikato; Cassandra Craighead  
Overall Physique and Mr. Waikato; Rota Elliott  
Overall Ms Shape and Ms Waikato; Katrina McKinlay

The Top Gym was won again by Team Corofizek, winning the bell 3 years running. Now there's a challenge for all you Waikato gyms out there!

A special thanks to our guest poser Lisa Gifford, who performed an energetic fitness dance type routine. Lisa is a dance teacher based in Whitianga, she teaches Zumba classes and in her spare time trains for fitness competitions. Just recently Lisa placed 4<sup>th</sup> in the Asia Pacific show on Boracay Island, Philippines.

Thanks to my amazing backstage helpers, Fran, Ben, Hog, Cathy, and Cushla – they really did make the show run so smoothly. And to gorgeous Cushla who did a wonderful job as trophy girl.

Our Compere Jill, she was great! The crowd enjoyed her sense of humor while at the same time promoting the sponsors. Please support all our sponsors and their businesses. We thank them very much for their generosity and interest in bodybuilding.

We can't run a show without our judges, a big thank you to you all!

I hope you enjoyed the show even though it is such a long day through to night, sitting at that long table.

The last thank you goes to Marianne Poole, who is always reliable, efficient and a fun person to work with, which makes my job as show organizer so enjoyable. Hope to see you all there for 2012 Waikato Show.

Teresa Edwards  
NABBA Waikato