

**2011 Optimum Nutrition
NABBA Auckland Championships
Kaipatiki Theatre, Glenfield College, Auckland
21st May 2011**

What a show!! Nearly 80 athletes, almost all in great shape, doing their utmost to gain one of those coveted titles.

Good to see an impressive lineup for the Shape Class, one that has often been overlooked. It was just not possible to overlook anyone in this class with seven attractive toned ladies ready to strut their stuff. And strut it they did, the audience certainly appreciated it, judging by the noise they made. It was a tough job for the Judges but the saucy number worn by Sarah Goldsmith together with a routine which won her the “Best Presentation” for the event placed her just ahead of a shapely, well presented Fabiany Vecchionace. Caroline Coete looked good in third spot ahead of Katrina McKinlay with Rebecca Martinovich, Pauline Broughton and Prue Rogers taking the final places.

Three keen young men contested the Teenage class with a defined Murdoch Razmi clinching first place ahead of a bigger Paul Samuels. A bit more definition on Paul may have reversed this placing but as it was he was a little too smooth to take top spot. A ripped Nabi Qaitoli showed a ton of promise but just lacked the size to advance ahead of Murdoch and Paul.

Mando Ahmed took the title in the Junior Men’s class with a smoother Teisina Tongi in second place. Although showing some impressive muscularity not even his great posing could make up for his lack of definition. However, all is not lost as it is early in the competition season and there is time for Teisina to look much better as the year progresses. Same could be said for third place Pati Sale who has a bit harder job as he needs to pack on more muscle as well as come in much leaner.

What can we say about the Senior Figure class? Just “WOW”. A well balanced Karen Montague headed this impressive lineup just ahead of Lyn Wright with Louise Ingram celebrating her return to the stage with a third place finish.. Justeen Jones, Gladys Matthews, Maureen Simonsen, Moira Hughes and Sharon Bray completed this great Class.

A more defined Alison Emerson took the title in the Senior Womens Physique Class. Tina Walker took out the second spot and a bit more definition may have seen her place higher. Julia Walsh just edged out Sheila Fisher to take third place.

Gavin Maxwell and Nola Efaraimo were in close contention for the Masters Men title with both men in great shape but Gavin’s slightly better balance gave him the edge and the Masters title. Frank Stucki in third place was giving quite a few years to Gavin and Nola but was in good shape.

Matt Houn Lee was another contestant who chose this event to make a return to competition after a few years. Now competing in the Masters Athletic Class his experience paid off as he nudged Darren Hoyle into second spot ahead of Andrew Day and Peter McLeod who travelled up from Christchurch for this show.

Tony MacMillan, Daniel Cork and Dane McMillan jostled for places in the Novice Athletic Short Class with Tony’s presentation edging Daniel into second place just ahead of Dane.

The Novice Athletic Tall Class was also a very competitive Class and at the night show it was easy to see that the guys were there to have fun now that the serious business of the Pre-Judging was over.

Egged on by their numerous supporters in the audience they produced some interesting and entertaining routines. Andrew Wilson had the package that the Judges were looking for and he took the title ahead of Paul Wezenbeek with Abraham Dyer close behind in third spot. Tony Bellman, who took the Award for Best Male Presentation, headed the rest of the field of Wilson Topine, Damian Lydford and Damian Wallace.

Craig Smith won the Open Athletic title unopposed but he had come to the show ready to take on the best and was in great shape.

Leon Chiplin won the Novice Men's Physique title just ahead of Tonga White and Paul Naepi with Micky Dolan in fourth spot.

The Novice Figure Class was a knockout with eight attractive contestants making the Judges job far from easy. As is the often case with Novice classes each contestant has a mixture of strong and weaker points and the Judges have a tough task in comparing these in relation to each other. It emerged that Nikki te Wano had the combination that the Judges preferred and she took this title just ahead of Dale Anderson with Sheree Cooney in third place. Cindylee Jackson, Jolene Morris, Christine Bake, Megan Hosking and Kylie Arthur were the other contestants that gave the Judges a hard time.

The Open Figure Class was not as big as the Novice Class but the Judges job was just as difficult with four of the countries best figure ladies right there on stage. As can be expected in the first major show of the year they were not all dialed in as regards to condition but the Judges were there to judge what was before them regardless of reputation and past achievements. As could be expected in such a close competition with quality contestants no one had a unanimous score from the Judges and only a handful of points separated first from fourth place. When the smoke cleared it was Jody Walford who claimed the title ahead of Donelle Petelo with Teneka Hyndman a mere one point behind in third place marginally ahead of Johanna Mountfort.

With International title holder Helen Aloia in the Open Physique Women's field it was a tough task for Tracey Frost and Anj Winterbourne to compete the extra muscle that Helen brings to the stage but they were not fazed or intimidated. Tracey edged out Anj to take second place.

Rota Elliott claimed the Open Men's Physique Short title with a well balanced physique ahead of a well presented Matthew Matenga who had stepped from the Masters Class into the Open Class to test the water. Robert Lopeti in third place showed that he could be a threat later in the season as he gets more definition to show the muscle that he's carrying.

The Open Men Physique Tall Class looked like it could be a re run of last years North Harbour with Mateo Vaihu and Kristian Bray shaping up against each other. However the surprise came into this equation in the form of Aaron Enoka who failed to make the weight for the Athletic Class and opted for the Open Physique instead. Mateo was a clear favourite for the Judges who also preferred Aaron's leaner more symmetrical physique over

the bulkier shape of Kristian. Huge Sam Koloa was also a threat and when he brings a much leaner physique to the stage will be very hard to stop.

Matthew Matenga and Tina Walker performed their posing routine as the only contestants in the Mixed Pairs Class.

The Overall Champions were all the unanimous choices of the Judges:

Jody Walford - Figure. Helen Aloiai - Womens Physique. Craig Smith - Athletic Men. Mateo Vaihu - Physique Men.

Hi everyone,

Greetings, my name is Darryl Carey, professional photographer who covered the NABBA Auckland 2011 Bodybuilding Champions held on the 21st of May.

A small photo gallery can be accessed on <http://www.darrylcareystudios.com>

More images are available for sale (individually or as a collective) at very reasonable prices.

If you are interested in viewing more of your photographs, email darrylcarey@me.com with your name and competitor number in the subject line and I'll email you a private gallery with all your photos.

Well done guys!

Look forward to hearing from you.

Kind regards

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